



## Resource List

The Mom of an Addict, Inc. exists to offer support to families and friends. We are not doctors, psychiatrists, counselors or therapists. We do not recommend any one particular treatment center, counseling center, sober living home or meeting. We do not offer professional or legal advice.

While we provide this list of resources for your reference, you are responsible for conducting your own research and for making the best decision(s) for you and your family.

The resources are listed in alphabetical order, and this is by no means an all-inclusive list. The descriptions were either provided by the center, were taken from a brochure or were pulled from their website. We continue to add to and update as we learn about more resources. The Mom of an Addict, Inc. is not responsible for the information provided.



Follow us for news and meeting updates.



**The Mom of an Addict, Inc.**  
**[www.themomofanaddict.org](http://www.themomofanaddict.org)**

call: 260.209.4686

email: [info@themomofanaddict.org](mailto:info@themomofanaddict.org)

The Mom of an Addict, Inc. is recognized as a nonprofit organization under the IRC Section 501(c)(3).

*Education and support for families and friends who have been affected  
by a loved one's substance use*

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**988** 988lifeline.org dial 988 from any phone Nationwide  
Provides 24/7, free and confidential support for people in suicidal crisis or emotional distress, prevention and crisis resources for you or your loved ones.

**A Better Life - Brianna's Hope** ablbh.org 260-766-2006 IN&OH  
"We want to be the other choice, an opportunity for "a better life." ABLBH is a participant driven, faith-based and compassion filled support and recovery movement for those battling substance use disorder. Check the website for a meeting locator.

**Addiction Recovery Center (ARC)** arcenters.com 574-533-6154 Michiana Area IN  
Provides relapse prevention, substance abuse counseling, aftercare, intensive outpatient program, 12-step outpatient program. Attendance at outside support groups such as Alcoholics Anonymous or Narcotics Anonymous is required. Modified Outpatient Program – 20-week program consisting of 28 sessions in total.

**Alcohol & Addictions Resource Center** aarcinfo.org 574-234-6024 South Bend IN/Michiana  
Provides unbiased professional and objective guidance to individuals and families faced with alcohol and other drug problems, along with prevention and education services and formal addictions assessment services by licensed clinical addictions counselors.

**Alcoholics Anonymous** aafortwayne.org or aa.org Worldwide  
Voluntary fellowship of men and women who meet together to attain and maintain sobriety. As part of their sobriety, they pass on what they've learned to the struggling alcoholic who wants help. There is no cost; the only requirement to join is a desire to stop drinking. Participation is encouraged AA's 12-Step Program.

**Al-Anon and Alateen** indiana-al-anon.org Worldwide  
Al-Anon and Alateen are part of the Al-Anon Family Groups and consist of a fellowship of people (teenagers in Alateen) whose lives have been affected by someone else's drinking whether they are in your life drinking or not. By attending Al-Anon or Alateen, you meet others with similar situations. Al-Anon and Alateen are not religious programs and there are no fees or dues to belong.

**Aliya Health Group/Footprints to Recovery** footprintstorecovery.com 866-936-2581 IL CO NJ  
Full continuum of care with a focus on evidence-based treatment practices counseling and therapy including medical detox, residential treatment, PHP, IOP, outpatient, sober living and telehealth services.

**All Things New** 574-376-9830 Warsaw IN  
We are a voluntary, faith-based, rehabilitation program, servicing women ages 18 and older who struggle with drug and alcohol dependency. Although the program is individualized and its length varies for different residents, all applicants must be willing to commit to at least one year within the program. Residents will complete a 30-day orientation period along with three program phases prior to graduation. Graduation generally occurs after 12 months of the program, but decisions will be made on an individual basis.

**Allen County Drug and Alcohol Consortium** dacac.org 260-422-8412 Allen County IN  
Coalition of 140 member organizations that work to build an effective network in the area to reduce the negative impact of drugs and alcohol, especially by youth. DAC has reference guides for where and how people can get help to advance their personal recovery.

**Allen County Syringe Services Program (SSP)** allencountyhealth.com/info-about/syringe-services  
260-449-4369 Allen County IN  
Offers syringe exchange and support services- harm reduction information, wound care, HIV and Hepatitis C testing and care coordination, substance use disorder treatment referrals. This program runs from 1pm-3:30pm Tuesdays at 4817 New Haven Ave., Fort Wayne IN

**Allendale Treatment Center** allendalletreatment.com 260-782-1160 Auburn & Carmel IN  
Medical detox facility and inpatient treatment center. Provides medically supervised detoxification for drugs and alcohol an intervention services. Treats mental health, dual diagnosis/co-occurring disorders. The Carmel IN satellite office offers resource mapping and outpatient services.

**Amani Family Services** amanifamilyservices.org 260-484-1414 Fort Wayne IN  
Substance Use Support services and encourages peer support for adjustment challenges, in addition to providing education and resources for healthy changes. Group members attend to fulfill a part of the probation requirements or simply to seek a sober life. With the assistance of qualified, bilingual providers and interpreters, groups are offered in members' primary languages. Amani is the only provider of substance use support groups for refugees.

**American Addiction Centers** americanaddictioncenters.org 928-900-2021 Nationwide  
AAC is one of only a few national treatment centers to evaluate its outcomes and share the results publicly. Of clients surveyed, 63% were abstinent at 12 months compared to the 30% national standard. Services offered include medical detox, intensive residential, residential, PHP and IOP, as well as groups for first responders, LGBTQ individuals, veterans and more.

**Amethyst House** amethysthouse.org 812-336-3570 Bloomington IN  
Offers a men's residential and a women's residential treatment program with preferential admission for pregnant women and IV drug users. Outpatient programming includes IOP, individual therapy, group therapy, case management and referral services.

**Anabranh Recovery Center** anabranhrecovery.com 888-909-2415 Terre Haute IN  
66-bed primary substance use disorder treatment facility serving adult men and women. Specializes in the MAAEZ Program. Services include detox and residential treatment.

**Anchor Point Residential Treatment Center** lmamh.org 304-475-3366 Delbarton WV  
Part of Mountain Laurel Integrated Healthcare and has been successful providing professional services by applying a variety of effective treatment techniques, such as Cognitive Behavior Therapy, Anger Management efforts, and Brief Intervention approaches. The facilities, consisting of several buildings and offices situated on a wooded, serene, and beautifully landscaped setting located in the cradle of the Appalachian Mountain Range, contain a unit for recovering men, and another for recovering women.

**Anchor Project** anchorproject.org 304-766-0060 Saint Albans & Huntington WV  
**Anchor Homes** anchorhomeswv.com 681-205-8548  
A 501c3 non-profit corporation that operates a faith-based recovery program. We believe in helping people of all races, nationality, social class, religion, gender, and language, with recovery programming and housing. We believe that the answer to addiction is Jesus Christ. Whether people accept Jesus Christ as their savior, does not affect their needs, and will not affect our actions. Program has four phases.

**Angel Sober Living & Intervention Services** angelsonberliving.com 800-430-2995 Van Wert OH  
angelintervention.com  
Provides IOP, case management, psychotherapy, counseling, sober living, sauna therapy, bio sound therapy and intervention services for both men and women. The sober living program includes life skills classes.

**Aspire Indiana** aspireindiana.org 877-574-1254 Central IN  
**Progress House, Mockingbird Hill Recovery Center, Next Step**  
Here are just some of the services we offer: co-occurring disorders treatment, Medication Assisted Recovery Therapy, individual, group and family therapy, extended outpatient program, adolescent substance use treatment programs, relapse prevention, and drug screening.

**Ascension** healthcare.ascension.org/specialty-care/behavioral-mental-health Central IN  
Inpatient, outpatient and aftercare treatment programs for adults, seniors, adolescents and children; 24/7 Stress Centers with highly experienced mental health specialists. Dedicated programs for drug and alcohol dependency and abuse, as well as eating disorders, PTSD, abuse, anxiety/depression, schizophrenia, self-harm and perinatal mood/anxiety disorders.

**ATLAS** treatmentatlas.org  
Resource from Shatterproof to help people find addiction treatment that will meet their needs.

**Avenues Recovery Center** avenuesrecoveryindiana.com 260-368-5433 Fort Wayne IN and other States  
Detox and residential drug and alcohol rehabilitation center in downtown Fort Wayne. Treats co-occurring mental health and substance use disorders and offers PHP, IOP, outpatient, MAT.

**Aware Recovery Care** awarerecoverycare.com 317-779-0310 IN & Other States  
In-Home Addiction Treatment (IHAT) program is exactly what it sounds like - an all-inclusive addiction treatment program delivered directly to you, so you don't have to leave your home or disrupt your life. You will be assigned a team of IHAT professionals that will come to your home and work around your schedule. Tailored for lasting recovery, the treatment process has 4 phases over the course of up to 12 months.

**Bare Knuckle Recovery** bareknucklerecovery.com Facebook/YouTube IN  
A web series about addiction, treatment and recovery with real-life stories, hosted by Tommy & Nate, along with their other team members.

**Behavioral Health Group BHG** bhgrecovery.com 844-535-7291 Nationwide  
Integrates the full spectrum of outcomes-based medicine, using medication-assisted recovery combined with medication management, behavioral health therapy, counselling, labs, care coordination, and case management.

**Beloved: Not Forgotten** belovednotforgotten.net 574-265-7966 Warsaw IN  
Provides safe homes for adult women survivors of sex trafficking and exploitation. Our trauma-informed staff and volunteers provide opportunities for growth in life skills, addiction recovery, counseling, wellness, and faith.

**Bloomington Meadows Hospital** bloomingtonmeadows.com 800-972-4410 Bloomington IN  
Outpatient and inpatient programs. Bloomington Meadows offers a wide array of behavioral health programs to address the needs of individuals searching for adult and youth treatment facilities.

**Blue Jacket Inc.** bluejacketinc.org 260-744-1900 Fort Wayne IN  
"Blue Jacket's mission is to provide training and opportunities to anyone with a barrier who is striving to earn gainful employment." Blue Jacket offers a career academy, staffing services and professional clothing.

**Bowen Center/Bowen Health Clinic** bowencenter.org 800-342-5653 Northern IN  
Comprehensive care for mental health conditions like eating disorders, PTSD, bipolar disorder, schizophrenia, depression, anxiety and ADHD with medication management, psychological testing, individual counseling, group therapy, and other types of counseling. Bowen Health Clinic offers same or next day healthcare for sick visits, wellness exams, sports physicals, lab tests and more. See the website for a comprehensive list.

**Bowen Recovery Center** bowencenter.org/addiction-recovery 866-239-6053 Fort Wayne IN  
We are a SAMSHA and DMHA certified Opioid Treatment Program. We specialize methadone maintenance treatment, addiction counseling, and access to other mental health services. Our focus is to assist in achieving and maintaining abstinence from opioids and other substances. We accept walk-ins for intake Monday through Friday 5:00 am to 10:00 am. We accept all forms of Medicaid and some forms of Medicare.

**Brentwood Springs** brentwoodsprings.com 812-618-1507 Evansville IN  
At Brentwood Springs, we offer integrated treatment programs for mental health and addiction designed to work with you through each step of recovery. We assess and personalize programs and services to help you become happier, stronger, and healthier than ever before.



**Courageous Healing** [courageoushealing.org](http://courageoushealing.org) 260-255-3514 Fort Wayne IN  
Utilizing quality counseling and mental health services to instill hope & minister to the spirit, reestablish holistic mind/body wellness, and unlock potential and help connect to purpose. Culturally-centered individual, couples, & group counseling services, Intensive, in-home family interventions, and Restorative trauma intervention groups.

**Cross Connections** [crossconnectionsounseling.com](http://crossconnectionsounseling.com) 260-373-0213 Fort Wayne IN  
Professional Christ-centered counseling and training. In-person and online options are offered. "Biblical counseling is a process in which a biblical counselor helps a client find and do God's will, thereby cooperating with God's plan to conform the client to the image of Christ."

**Cross Road Christian Recovery Center** [crossroadchristianrecovery.org](http://crossroadchristianrecovery.org) 765-939-8000 Richmond IN  
4-month residential Christ-centered, Bible-based program for Women struggling with alcohol and drug addiction.

**David's Courage** [davidscourage.com](http://davidscourage.com) Plymouth, IN  
One-year recovery program for men and women recovering from drug and alcohol addiction. Included in the program is approximately six-months living in our transitional residency facility. Our home provides a safe and supportive environment to support growth in recovery and a relationship with Jesus Christ.

**Dismas House of Indiana** [dismashouseofindiana.org](http://dismashouseofindiana.org) 574-233-8522 South Bend, IN  
Provides housing and post-release services to adult men and women recently released from incarceration. Offers a variety of programs to assist residents in their transition back into society.

**Do Something Nashville** [dosomethingnashville.org](http://dosomethingnashville.org) 812-308-3188 Nashville IN  
Brown County resource for meeting schedules, community education, networking/collaboration, stigma reduction, life skills classes, social services, social events, harm reduction and connections to treatment facilities.

**Dove Recovery House for Women** [dovercoveryhouse.org](http://dovercoveryhouse.org) 317-964-0450 Marion County IN  
Offers safe and affordable housing, intensive case management, mental health and substance abuse treatment, access to domestic violence services, supportive services, relapse prevention counseling, family reunification services, employment placement, daily living skills coaching, nutritious meals, and financial management.

**Emberwood Center** [emberwoodcenter.org](http://emberwoodcenter.org) 317-536-7100 Indianapolis IN  
Mental Health America of Indiana treatment provider offering outpatient individual, family and group counseling, as well as advocacy and peer support services to address mental health issues as well as substance use disorders and gambling issues. We specialize in treating trauma and its effects on children and adults.

**Erin's House for Grieving Children** [erinshouse.org](http://erinshouse.org) 260-423-2466 Fort Wayne IN  
Safe, nurturing, and comfortable environment for children to process their grief. They learn how to express their emotions, share their feelings, and reinvest back into their lives. They do this by spending time with other children who understand their grief. Our program reduces the negative consequences of unresolved grief.

**(Sandra) Eskenazi Mental Health Center** [eskenazihealth.edu/mental-health](http://eskenazihealth.edu/mental-health) 317-880-8491 Indianapolis IN  
Primary mission is to serve individuals with serious mental illness and chronic addiction and seriously emotionally disturbed children and their families. Patients of all ages are welcomed, from children to seniors. Inpatient and outpatient services are offered. Mental Health Emergency Line: 317-880-8491

**Ethan Crossing of Indianapolis** [newvistahealth.com/location/addiction-treatment-centers/indianapolis/](http://newvistahealth.com/location/addiction-treatment-centers/indianapolis/)  
317-280-2700 Indianapolis IN  
Mission is to help you stop using drugs or alcohol and without pain and help you achieve lifelong recovery. Services include detox, inpatient, acute psychiatric inpatient, residential and outpatient for mental health/substance use.

**Evoke Wellness** [evokewellness.com](http://evokewellness.com) 866.899.2192 OH, MA, TX, FL  
We treat mental health and addiction issues at its core to promote lasting, sustainable recovery. Offering medical detox, inpatient, PHP, IOP, MAT, dual diagnosis, mental health and veterans addiction treatment programs.

**Exodus Ministries** exodusministries.us 574-377-2699 Warsaw IN  
Uses Biblical and evidence based recovery principles to provide freedom from addiction for our community.  
Provides a 12-month residential faith-based recovery process for men.

**Fairbanks - see list above Community Health** ecommunity.com/services/mental-behavioral-health  
Community Fairbanks Recovery Center 800-225-4673

**FOA Families of Addicts** foafamilies.org 937-823-0639 Several Counties in Ohio  
FOA Families of Addicts educates, empowers and embraces families, friends and individuals struggling with addiction to rebuild families and transform lives. FOA rebuilds families and transforms lives through the 3 E's; educate, empower and embrace.

**Farrington Specialty Centers** farringtonspecialtycenters.com 260-358-7180 Fort Wayne & Plymouth, IN  
Devoted to the treatment of eating disorders, compulsive exercise, and body image issues as well as co-occurring disorders including anxiety, depression, trauma, and relational concerns. Provide specialized care for athletes and dancers with disordered eating and body image concerns. We offer a wide range of services, including comprehensive assessments, outpatient counseling, group therapy, and an Intensive Outpatient Program. We specialize in all ranges of eating disorders, including Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder, disordered eating, and body image disturbances.

**Fellowship Missions Addiction Recovery Hub** fellowshipmissions.net/addiction-recovery  
800-337-3219 Warsaw, IN  
The Addiction Recovery Hub unites the Warsaw community's resources to provide solutions for those affected by substance use disorder: identify the needs; educate, connect to services and resources; and provide resources, training, support and collaboration opportunities to individuals, businesses and organizations.

**Fort Wayne Recovery** fortwaynerecovery.com 833-762-3739 Fort Wayne IN  
Designed by addicts and alcoholics in recovery who are now enjoying sober, healthy and fulfilling lives. Residential rehab with 24 hour access to staff; outpatient rehab with group and individual sessions throughout the week; and sober living with comfortable living spaces. Learn how to enjoy life without drugs and alcohol with healthy, sober activities.

**Franciscan Health** franciscanhealth.org Several IN Locations  
Offers inpatient detox, MAT, IOP and other outpatient programs for substance use. Behavioral health services include psychiatric PHP, EmPATH emergency psychiatry, inpatient psychiatric hospitalization, outpatient psychiatry, counseling/therapy, IOP, ADHD treatment and adolescent residential treatment.

**Freedom House** freedomhouseinc.com 260-456-8097 Fort Wayne IN  
Mission is to provide the alcoholic/addicted male with a supportive, secure environment that encourages him to remain sober and become self-supporting. Our recovery process helps him achieve emotional and financial independence. Our optimum goal is for him to return to society as a sober, productive man who appreciates family, responsibility and community.

**Fresh Start Recovery Center** voahin.org/fresh-start 833.659.4357 Central IN  
The Fresh Start Recovery Center focuses on helping mothers recover from opioid and other drug addictions and have healthy children. Fresh Start Recovery Center serves pregnant women and mothers struggling with addiction. This program uniquely allows mothers and children to remain together during treatment. We are located in Indianapolis, Evansville, Columbus and Winchester and accept referrals from anywhere in Indiana.

**Gateway Woods** gatewaywoods.org 888-443-4283 Leo IN  
Offers Christ-centered social services in northeast Indiana, including Residential Childcare, On-Grounds Schooling, Foster Care, GW Farms, Adoption, WillowBridge, Professional Foster Care and the LARC Program. Our mission is to honor and obey God by providing hope and healing to children and families who may then bless others.

**Grace Recovery and Wellness** gracerecoveryandwellness.com 888-228-5485 Anderson IN  
Focuses on a dual-diagnosis and holistic approach to recovery. We offer medication-assisted treatment for opioid and alcohol substance abuse, with individualized treatment plans for each patient. Detox, PHP, IOP

**Groups Recover Together** joiningroups.com 888-858-1723 Nationwide  
Group recovery offering support group meetings, custom life goal assistance, meetings with licensed counselor and physician, suboxone and weekly urine screens. Groups located in Indiana meeting in-person and virtually.

**Guiding Light Ministries** guidinglighthome.org 419-23-7935 Lima OH  
Faith-based organization housing women who need help becoming self-sufficient. They offer life skills programs to allow for training and growth on how to manage a home efficiently. Between their two homes, they serve women ranging from teens to the elderly, and one home allows women and their children.

**Hamilton Center Inc.** hamiltoncenter.org 800-742-0787 Indianapolis, Terre Haute IN  
Hamilton Center has been providing comprehensive substance use services for close to fifty years. They offer residential and inpatient services, as well as outpatient, individual/group therapy, WIN Recovery, MAT, Transitional Living and Peer Recovery Services.

**Harbor Lights - Salvation Army** centralusa.salvationarmy.org/harborlightindiana/ 317-972-1450 Indianapolis IN  
Residential short-term and residential long-term or an outpatient program. Holistic services are used. Services offered: Detoxification Services, Intensive Outpatient, residential treatment and transitional housing.

**Harm Reduction Services Locator** nasen.org 253-272-4857 Nationwide  
This directory includes harm reduction locations that have given NASEN authorization to publish their agency's information. This directory is intended to be used to assist folks seeking harm reduction services to locate an agency by service, city, state, and/or zip code. Please note this is not a comprehensive listing of all harm reduction locations in North America nor is it intended to be.

**Harmony Home** harmonyhomeofhuntington.com 260-355-9400 Huntington IN  
12-step recovery home for men committed to providing each resident a safe and supportive environment creating the opportunity for rehabilitation and lifelong sobriety. The program duration ranges from six to eighteen months.

**HART Hope and Recovery Team** fwpc.org/divisions/h-a-r-t 260-427-5801 Fort Wayne IN  
Peer support team made up of members of the greater Fort Wayne area community. The team is a mobile response team that seeks out and actively engages residents of Allen County to support them on their road to recovery with addiction from opioids and stimulants. HART offers information and guidance for those in need. This can include recovery wellness plans, outpatient programs, inpatient programs, medication assisted treatment (MAT), the syringe services program (SSP), counseling programs, peer led support groups (NA, AA, family), and many other programs.

**Haven of Hope** havenofhopevw.org 419-605-6717 VanWert OH  
Community of Christians who have come together to help displaced men in Van Wert County by providing a place to stay and ongoing guidance to obtain the resources necessary to embrace the next chapter of their lives.

**Headwaters Counseling** headwaterscounseling.org 260-744-4326 Fort Wayne IN  
Outpatient substance abuse counseling programs for adults and youth, substance abuse education, relapse prevention and group counseling. Also offers an 18- to 24-month sexual offender treatment program.

**Heart Rock Justus Family Recovery Center** heartrockrecovery.org 317-800-0631 Indianapolis IN  
Family-centered sober living community near Indianapolis designed exclusively for pregnant and parenting women. We focus on keeping families stable and united during substance use recovery. Unlike many recovery centers in Indianapolis, we allow mothers of children under the age of 2 to live together with their children during their stay.



**Hickory Recovery Network**      hickorytreatmentcenters.com      800-604-2117      Multiple Cities in IN  
Hickory Recovery Network offers residential, detox, and outpatient treatment programs for adult men and women suffering from addiction and addiction complicated by co-occurring mental illness. Our team creates comprehensive assessments and creative, customized treatment plans for each client. Most insurance accepted, including IN Medicaid.

**Hope Academy High School**      hopeacademyrhs.org      317-572-9440      Indianapolis IN  
Hope Academy is Indiana's only accredited recovery high school with a focus on sobriety and academic success for students grades 9-12. Public charter, tuition-free high school offering free transportation throughout Indianapolis and surrounding communities.

**Hope Alive**      hopealivefortwayne.org      260-420-6100      Fort Wayne IN  
A Christian non-profit organization that exists in order to minister in a spirit of unconditional love to those in our community who suffer from difficult emotional and mental health problems, regardless of their ability to pay. We seek to work in a holistic way with each client, helping to address mental, emotional, physical and spiritual needs, so he or she can lead a meaningful, responsible life as a member of our Fort Wayne community. *Transitional Housing for Women* – Our Transitional Housing Program provides housing and comprehensive services to assist homeless women in becoming healthy, productive members of our community. *Community Counseling* – Our counseling program makes low-cost mental health counseling services available to our community.

**Hope House**      hancockhopehouse.org      317-467-4991      Greenfield IN  
Our vision to self-sufficiency is finding long term solutions, allowing each individual and family an opportunity to create a plan of action that will lead them to a stable housing situation. Our program recommends a commitment of 30, 60, 90, or 120 days. Must be drug-free (detoxed) to enter. Families welcome.

**House of Hope**      andhouseofhope.org      765-644-7086      Anderson IN  
The House of Hope is a halfway house for men who are alcohol/drug dependent and have successfully completed a chemical dependence treatment program or at least was involved with AA or NA programs. The focus here is recovery. It is a 90-day program.

**Indiana 211**      in211.communityos.org      211  
Treatment center referrals, ride services

**Indiana Center for Recovery**      treatmentindiana.com      844-650-0064      Bloomington IN  
Offers patients detox, inpatient and outpatient treatment services, along with mental health treatment, veterans programs, genetic testing and TMS therapy. Offers treatment for dual diagnosis.

**Indiana Recovery Network**      indianarecoverynetwork.org      317-638-3501      IN  
Indiana's Recovery Hub and aims to bridge gaps in services and engagement throughout the state to ensure that recovery support and services are accessible to all individuals like resources, peer connections and Lyft rides.

**Inspiration House**      starcareservices3.com      260-702-0925      Fort Wayne IN  
Provides housing, addiction services, case management, life skills, medication oversight and reminders and acts as a community liaison. Offers individual and group therapy.

**Inspiration**      inspiration-ministries.org      260-920-8734      Auburn IN  
Peer-driven organization offering restorative housing, community connection and the prison ministry Behind the Walls. Community Impact Organization with the capacity to develop and sustain services that reduce addiction, recidivism and poverty in Northeast Indiana. For the women's program, ask for Michelle Harvey.

**IU Health Addiction Treatment & Recovery Center**      iuhealth.org      888-IUHEALTH      Central IN  
IU Health offers inpatient hospital stays, IOP, group therapy, individual therapy, supportive housing, medications and virtual peer recovery coaching.

**Jacob's Ladder at Brookside Farm**      [jacobs ladderbrookside.com](http://jacobs ladderbrookside.com)      304-239-1214      Aurora WV  
Long-term residential community for men, grounded in the belief that an atmosphere of authentic love, and unconditional positive regard is not simply a cliché, but rather, the curative essence in holistic addiction treatment. Therefore, we emphasize our agrarian, therapeutic model as a means of helping our clients find meaningful and lasting connections with their peers, their Higher Powers and themselves.

**Jayland Homeless Shelter**      260-726-2164      119 E North St      Portland IN  
Provides shelter to men and women, with or without children. Offers case management services.

**#JAVA**      [javafw.org](http://javafw.org)      260-267-6797      Fort Wayne IN  
Advocates for crime victims & their families, offering support, linking them to community resources, and assisting them with understanding and navigating the legal system as they push forward on their quest for justice, accountability, and healing.

**Josiah White's**      [josiahwhites.org](http://josiahwhites.org)      260-563-1158      Wabash IN  
Intensive substance use recovery program for adolescents. Uses evidenced-based and trauma-informed modalities both in daily living and the clinical setting.

**Just Neighbors**      [ihfamily.org](http://ihfamily.org)      260-458-9772      Fort Wayne IN  
Emergency homeless shelter serving families by united religious congregations, community volunteers, and local agencies. Average stay is about 6 weeks – Need referral. Same City Food Truck serves high-quality meals for everyone on the streets of Fort Wayne. Choose what you eat and pay what you can, even if you can't.

**Lauren's Wish Addiction Triage Center**      [laurenswish.org](http://laurenswish.org)      304-241-4219      Morgantown WV  
Provides a safe and healthy space for individuals who are seeking treatment placement. Individuals are monitored by peer recovery staff and have access to case management and addiction recovery resources.

**LTHC Homeless Services**      [lthc.net](http://lthc.net)      765-423-4880      815 N 18th St, Suite 102      Lafayette IN  
Offers homeless services program, rapid re-housing, services for veteran families, a day resource center, permanent supportive housing and an engagement center.

**LifeChangers Outreach**      [lifechangersoutreach.com](http://lifechangersoutreach.com)      Several States and Countries  
12-month faith-based residential facility for men and women 18 and over to help them overcome any kind of life-controlling issue, such as addiction, depression, anger or suicidal ideation. Locations in several states and countries offer a non-medical, non-psychiatric approach that focuses on inner-healing for deep rooted issues that are often at the center of addiction.

**Life Recovery Center**      [liferecoverycenterindy.com](http://liferecoverycenterindy.com)      317-887-3290      Central IN  
Life Recovery Center is an outpatient facility specializing in the treatment of substance abuse, mental health, disordered gambling, domestic violence, and related issues. With four locations in Indianapolis, we serve individuals and families in Marion, Johnson, Shelby, Hamilton, Boone, Hendricks, Hancock and surrounding areas.

**Life Treatment Centers**      [lifetreatmentcenters.org](http://lifetreatmentcenters.org)      574-233-5433      South Bend IN  
Offers residential housing, outpatient therapy, case management, specialized treatment sessions for women, veterans and gamblers and continuing care.

**LifeSpring Health Systems**      [lifespringhealthsystems.org](http://lifespringhealthsystems.org)      Locations in Southern IN  
Provides a comprehensive array of mental health and primary care services: education, prevention, information, assessment, intervention, and treatment.

**LIGHT Program**      [mphealthright.org/light-program/](http://mphealthright.org/light-program/)      681-209-6537      Morgantown WV  
Harm reduction/syringe service access program. Services include syringe access kits, safe syringe disposal, naloxone, HIB and Hep C testing, wound care, addiction treatment referrals, family planning materials, mental health counseling, peer support and social service referrals.

**LITE** [liteinkcj.org](http://liteinkcj.org) 574-306-0006 Kosciusko County IN  
LITE is dedicated to assisting incarcerated individuals in making a successful transition back into their community. We believe this process begins at intake and must address each of the inmate's needs. We provide educational, vocational, spiritual, and relational support and training. Additionally we offer an assessment for each inmate to help identify goals and needs before their release.

**LITE Recovery Café** [liteinkcj.org/literecoverycafe](http://liteinkcj.org/literecoverycafe) 574-306-0006 Kosciusko County IN  
Our Café at the Milford Methodist Meeting House will be open:

- Tuesdays 4:00 - 8:00 PM
- Fridays 11:00 AM - 3:00 PM
- Saturdays 9:00 AM – 12:00/Noon

Each session will consist of Recovery Circles, a meal, school of recovery, resource meetings, and socializing. We will provide computers, Wi-Fi, and connections for our members.

**LITEhouse Recovery Residence** [liteinkcj.org/litehouserecoveryresidence](http://liteinkcj.org/litehouserecoveryresidence) 574-306-0006 Kosciusko County IN  
While we specialize in helping women coming from incarceration, we work to help all women who desire assistance in their recovery path. If we are not a fit, we will work to help find a place for continued recovery support. The mission of the LITEhouse is to provide a structured, spiritual atmosphere, in which a person who struggles with substance-use issues can be guided through their personal pathway to recovery.

**Living Free Recovery** [livingfreerecoveryac.org](http://livingfreerecoveryac.org) 260-218-8299 Fort Wayne, IN  
Living Free Recovery is a non-residential rehabilitation program for Addicts and other people with life controlling issues and problems. Individual Sessions and Community Connection groups meet throughout the week providing help for those who are hurting and pastoral counsel for their loved ones.

**Look Up** [lookupindiana.org](http://lookupindiana.org)  
Search for different resources, information and providers by city or zip code. Text LOOKUP to 494949 for 24 hour support or call 877-257-0208 for 24 hour phone support.

**Lutheran Social Services** [lssin.org](http://lssin.org) 260-426-3347 Fort Wayne IN  
Recovery Care program offers advocacy & resource referral, behavioral health services, employment services – **LSSI Works**, financial stability services, after care & follow up. Anyone currently struggling with or at risk of substance use disorder in Allen, Dekalb, Fulton, Huntington, Kosciusko, LaGrange, Noble, Wabash and Whitley counties is eligible. Services are meant to support the individual's existing treatment, including MAT. Families impacted are also eligible for family supports.

**Maple Heights Behavioral Health** [mapleheightsbehavioral.com](http://mapleheightsbehavioral.com) Fort Wayne IN  
Provides acute inpatient care for those in immediate crisis, along with detox, PHP, IOP and electroconvulsive therapy. Programming offers specific units for adolescents, adults and senior adults. Some of the most common conditions treated include anxiety, bipolar disorder, depression, PTSD.

**Matthew 25 Health and Care** [matthew25online.org](http://matthew25online.org) 260-426-3250 NE IN & NW OH  
A gospel-inspired healthcare center that provides high-quality medical, dental, vision, and mental health services at no charge to low-income, uninsured adults in Northeast Indiana and Northwest Ohio.

**Mental Health America of Northeast IN** [mhanortheastindiana.org](http://mhanortheastindiana.org) 260-422-6441 Fort Wayne, IN  
Anxiety and Depression Support Group meets virtually on Wednesdays from 6 to 7:30 PM. Support groups for anxiety, ADHD, parenting, teens, and suicide loss; peer-to-peer coaching; community education trainings on mental health topics & treatments. Info about understanding and preventing suicide, getting help for self or another, and coping with suicide loss.

**Meridian Health** [meridianhs.org](http://meridianhs.org) 866-306-2647 All over IN  
Residential detox, residential treatment, IOP, aftercare services, maternal treatment program, women's recovery home, Home with Hope program with residential homes for men and women. MAT, psychiatric evaluations, peer recovery support, support groups and addiction education offered.

**Michiana Behavioral Health** michianabehavioralhealth.com 800-795-6252 Plymouth IN  
Services include adult psychiatric inpatient, adult detox, adult IOP, acute child inpatient, acute adolescent inpatient and child & adolescent residential treatment.

**MindCAP** mind-cap.org 260-271-4650 Fort Wayne IN  
MINDCAP exists to offer clients of all ages advances in cognitive, emotional and social skills...MINDCAP does not focus on past diagnostic labels. We firmly believe that targeting cognition is a missing piece in achieving optimal progress, including the gifted underachiever. MINDCAP engages the synergistic application of three researched-based models: changing beliefs about intelligence (Stanford), changing thinking skills (Israel) and changing brain networking (Berkeley). These three components offer a unique catalyst model that bridges improved emotional outcomes and stronger employment skills.

**Mission: Motherhood** missionmotherhoodfw.com 260-338-8939 Fort Wayne, IN  
Offers mothers specialized networks and programming that is supportive of their own mental health.

**Mockingbird Hill Recovery Center** progresshouse.org/residential-treatment 765-641-8231 Anderson IN  
Treatment facility for SUD for men utilizing the whole health recovery continuum including onsite medical and behavioral healthcare, MAT, case management and peer support groups.

**Muncie Mission** munciemission.org 765-288-9122 Muncie IN  
Beauty for Ashes is a 6-18-month transitional housing program for women & children.  
Facility for men with short term emergency care and an addiction recovery program called Liberty Street Recovery.

**Narcotics Anonymous (NA)** naindiana.org or na.org Worldwide  
Narcotics Anonymous is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean.

**National Alliance on Mental Illness (NAMI)** namifortwayne.org 260-447-8990 Fort Wayne IN  
NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. Offers support groups, education classes and resources.

**New Beginnings Ministries of Wabash County, Inc.** newbeginningsofwabash.com 260-274-0340 Wabash IN  
A temporary residence for men, age 18 and over that provides Christian- based programming to encourage positive life changes.

**NewDay Treatment Center** thenewdaycenter.com 317-291-1967 Indianapolis IN  
Biblical and evidence-based residential program, outpatient treatment, MAT, family counseling and post treatment services offered.

**New Life Ministries** newlifeministries-indiana.com 260-200-1372 Huntington IN  
Mission of New Life Ministries is to serve those in need of food, shelter, and a purposed-filled life. We currently serve through the New Life Community Meal Ministry offering a free, hot supper nightly to anyone who wants it; the Women's Life House providing shelter, food, safety, and life coaching to women; and the Men's Life House providing shelter, food, safety, and life coaching to men.

**Noble House Ministries** noblehouseministries.org 260-636-7160 Albion IN  
Serving women and children in crisis for over 25 years – homelessness, domestic violence and/or addictions.

**Northeast Indiana Positive Resource Connection** positiveresourceconnection.org 260-744-1144 Fort Wayne IN  
Testing services for HIV, Hep C and STIs along with prevention resources including PEP and PEP. Case management services are available. Outreach programs include prevention education, counseling, street outreach and offsite testing events.

**NorthShore Health Centers** northshorehealth.org 219-763-8112 Northwest IN  
Utilizing a variety of individual and group counseling efforts, this unique program previously developed by Frontline Foundations addresses both the physical and spiritual aspects of substance abuse. By working through a series of non-denominational faith-based principles, the program offers those struggling with substance abuse a way to process and understand their substance abuse in an effort to lead to healing and recovery.

**Oaklawn** oaklawn.org 800-282-0809 Elkhart & St. Joseph Counties, IN  
Provides a full range of mental health and addiction treatment for children, adolescents and adults. They offer inpatient care, addiction services, gambling addiction services, IOP, adolescent group home, Amish services, child and adolescent residential services, peer recovery coaches, Spanish-speaking staff, MAT and continuing care.

**Overdose Lifeline** overdoselifeline.org (844) 554 3354 IN  
A nonprofit dedicated to helping individuals, families, and communities affected by substance use disorder. Offers harm reduction, education, advocacy, and support. Naloxone may be requested from this site.

**Oxford House** oxfordhouse.org Multiple Homes in IN  
Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home. The number of residents in a House may range from 6 to 15. There are houses for men, houses for women, and houses which accept women with children. Each House represents a remarkably effective and low-cost method of preventing relapse.

**PACE Recovery Center** pacerecoverycenter.com 800-526-1851 Newport Beach CA  
Includes co-occurring and non-substance-related mental and behavioral health disorders with treatment plans for young adults. Staffed by an experienced team of physicians, doctorate-level clinicians and master-level therapists, we provide recovery tracks that address addiction and co-occurring disorders from psychosocial, medical, spiritual and relational perspectives.

**Parents of Addicted Loved Ones (PAL)** palgroup.org 480-300-4712 National Helpline  
Parents of Addicted Loved-Ones provides hope and support for parents dealing with an addicted loved one. Meetings are held across the country and can be located on the website.

**Parkview Behavioral Health Institute/Park Center** 24 Hour Access Help Line – 260-471-9440 Northeastern IN  
Offers detox, inpatient substance use residential, IOP, counseling, inpatient mental health, MAT, peer support – the access help line will connect you to the level of treatment requested/needed.

**Peggy F Murphy Grief Center** stillwater-hospice.org/grief-support-2/grief-support/ 260-435-3222 Fort Wayne IN  
A resource for the greater Fort Wayne community as it provides space for individual grief counseling sessions, grief programming, and grief support group meetings for adults who have experienced the loss of a loved one.

**Phoenix Associates** phoenixassociates.net 260-424-0411 Fort Wayne IN  
Mental health and behavioral health for all ages – counseling, family counseling/case work, teen groups, group counseling.

**Pinnacle Treatment Centers** pinnacletreatment.com 844-696-4372 Indiana & 8 Other States  
Detox and residential services, inpatient, PHP, IOP, general outpatient, MAT and peer recovery coaching services. Locations in IN include Cambridge City, Martinsville and Merrillville.

**Place of Grace** myplaceofgrace.org 260-358-7529 Huntington IN  
To provide a Christian based therapeutic home with long term recovery services to help women break their cycle of destructive behavior related to addiction, abuse, and poverty. Place of Grace serves women transitioning out of incarceration and inpatient substance abuse treatment who need support for their next steps.

**Positive Resource Connection** positiveresourceconnection.org 260-744-1144 Fort Wayne IN  
Provides free HIV and HepC testing with results in 20 minutes. Also offers HIV/STD/HEPC prevention education and harm reduction counseling, along with non-medical case management with referrals to resources.

**Progress House (Aspire Indiana)**      progresshouse.org      317-637-9816      Indianapolis IN  
Provides an opportunity for men seeking permanent recovery from an addiction to any mind-altering substance. Our program is a structured, 3-Phase behavioral health and long term residential treatment program, that focuses on the healing of our client's bodies, the transformation of their minds, and the awakening of their spirits.

**project.ME**      projectme-fw.org      260-234-0270      Fort Wayne, IN  
project.ME provides peer recovery coaching, harm reduction tools & resources including Narcan, fentanyl test strips and safer use kits. They offer a street outreach program, as well as overdose intervention and Narcan administration training. Click on Request Support on the website.

**Purdue Fort Wayne Being Well: The Mental Health Readiness Project**      pfw.edu/microsites/being-well/  
mental health wellness program that provides education, training, awareness, screening, assessment, intervention, and pathways to helping resources for our campus community and support networks, including the greater Fort Wayne community.

**Recovery Café Fort Wayne**      recoverycafefw.org      260-908-3167      Fort Wayne IN  
Recovery Café Fort Wayne is here to support all people on their unique journeys. Whether you are new to recovery, moving through a difficult transition, returning to recovery, experiencing mental health challenges, trauma, or homelessness, or are now wanting to give back in service to others – we welcome you to join us in recovering your true, authentic self! Recovery happens. Here, in a safe place, with support from peers, we see each other's strengths and celebrate every marker of growth!

**Recovery Centers of America**      recoverycentersofamerica.com      855-717-2262      Indianapolis IN  
Offers medically-monitored detox, residential inpatient, outpatient services, teletherapy. PRISE Program is designed for patients who have relapsed. First Responders Program is designed for law enforcement personnel, firefighters, correctional officers, emergency medical personnel, service members and veterans. PTSD treatment options are available. Locations available in other states.

**Redemption House**      redemptionhousefw.org      260-449-9091      Fort Wayne IN  
Sober living facility for women as an alternative to incarceration. All of our residents have been assigned by the court system, and most are struggling with some type of destructive behavior. The women are grateful to be at Redemption House, recognizing it as a chance for a fresh start.

**Regional Health Systems**      rhs.care/addiction-treatment      219-769-4005      Merrillville & East Chicago IN  
Offers residential treatment, halfway housing, IOP, MAT, family education and discharge planning. Services are offered for adults, pregnant women, women with children and adolescents.

**Recovery Point WV**      recoverypointwv.org      304-523-4673      West Virginia  
Long-term, residential recovery program based on the social model of recovery. We offer drop-in recovery coaching services and transitional recovery residences through HER Place at Recovery Point programs. Recovery Point WV provides several recovery programs for both men and women at no cost.

**Refuge Recovery**      refugerecovery.org      Worldwide/Online  
Refuge Recovery is grounded in the belief that Buddhist principles and practices create a strong foundation for a path to freedom from addiction. This program is an approach to recovery that understands: All individuals have the power and potential to free themselves from the suffering that is caused by addiction.

**RemedyLIVE**      remedylive.com      260-422-1958      Fort Wayne IN  
Through our in-person seminars for adults and students, we help advocate and teach the importance of mental health, reducing the stigma in each individual culture. We are also dedicated to providing real-time, online crisis support to anyone who reaches out. Our team of compassionate, trained Soul Medics are available 24/7, ensuring that help is just a click away. Text 494949 day or night to connect with the Chat Center.

**Richmond State Hospital** [in.gov/fssa/dmha/state-psychiatric-hospitals/richmond-state-hospital](http://in.gov/fssa/dmha/state-psychiatric-hospitals/richmond-state-hospital) 765-966-0511 Richmond IN

Public behavioral health facility operated by the state of Indiana and one of six state psychiatric hospitals within the Family and Social Services Administration Division of Mental Health and Addiction. We provide psychiatric, and chemical dependency treatment to all adults regardless of race, religion, sex, gender identification, age, handicap, national origin and ability to pay for services.

**Ridgeview Hospital** [ridgeviewhospital.net](http://ridgeviewhospital.net) 419-863-2915 Middle Point OH

Ridgeview Hospital is an 84-bed inpatient psychiatric hospital that is committed to providing the highest quality of care to individuals dealing with mental health issues, or co-occurring mental health and addiction issues. Our services are designed primarily for adults between 18-75 years of age.

**Rise Recovery** [riserecoveryfw.com](http://riserecoveryfw.com) 260-908-3167 Fort Wayne IN

Peer led recovery residence offering safe, sober and stable housing for men who are striving to reach their independence while in recovery from substance use challenges. Residents will experience recovery with a group of their peers in an environment that is trauma informed and all inclusive.

**Road to Recovery, Inc.** [facebook.com/road2recoveryinc](https://facebook.com/road2recoveryinc) 260-418-5454 Fort Wayne IN

Sober living home for men in recovery from addition and alcoholism. Men are provided a comfortable and conducive environment to work a personal program of recovery which typically takes the form of a 12-step program. The home provides 24/7 supervision and houses up to 26 men in active or long-term recovery. They also have a 6 bed sober living facility for transgender women.

**Rose Garden Recovery Community** [rosegardenrecovery.com](http://rosegardenrecovery.com) 574-457-4408 Syracuse IN

We offer both residential and community based services to those seeking recovery from addiction to substances, including: a residential program for women, a graduate home for graduates, after-care services, NA Meetings.

**SafeHaven Freedom Ministries** [safehavenfm.org](http://safehavenfm.org) Fort Wayne IN

Exists to deliver recognition, resources and recovery by mentoring teens, young adults and veterans who want their freedom and faith restored. We believe that everyone is recovering whether that be from addictions, forgiveness, pain, trauma, PTSD, and more. For Lakes Sake provides awareness, education, product and services on fentanyl poisoning and substance use to teens and young adults. Indirect Fire works with veteran recovery and support. The Healing Farm will allow individuals to indulge in creation and nature through their walk in recovery.

**Salvation Army Adult Rehabilitation Center** 260-424-1655 Fort Wayne IN

The Adult Rehabilitation Center provides spiritual, social and emotional assistance for men who have lost their ability to cope with their problems and/or addictions. The center offers residential housing, work, group and individual therapy in a Christian centered environment.

**SAMHSA National Helpline** [samhsa.gov](http://samhsa.gov) 800-662-HELP

Free, confidential information service providing referrals to local treatment facilities, support groups and community-based organizations.

**Sand Castle Shelter** [cch-mc.org/sand-castle-shelter-for-homeless-families](http://cch-mc.org/sand-castle-shelter-for-homeless-families) 219-879-2552 Michigan City IN

30 to 45 day residential programs to LaPorte County families: primarily single moms with children; sometimes families headed by couples or dads, too. When space is available, we accept single women. All family members must test free of drugs and alcohol. Works collectively with partner organizations to provide other services.

**Serenity House** [serenityhouseinc.org](http://serenityhouseinc.org) 260-927-8902 Auburn, Warsaw IN

Provides transitional living (recovery homes) for those men and women who have made the vital decision to become free from the bondage of alcohol and/or drugs. Our highly structured environment and our programs are designed to facilitate a spiritual transformation that will enable our residents to lead a happy, useful, and productive life, free from alcohol or drugs.

**Shatterproof** [shatterproof.org](http://shatterproof.org)

Shatterproof is a national nonprofit organization dedicated to reversing the addiction crisis in the United States.

**ShipHappens: A zero barrier access point to Naloxone**      [harm-lessindiana.org](http://harm-lessindiana.org)      Indiana  
ShipHappens has a mission to get as much naloxone into the hands of as many as possible. They want to offer full and equitable access to overdose prevention to people who use drugs, their families and their communities.

**SMART Recovery**      [smartrecovery.org](http://smartrecovery.org)      Nationwide/Online  
SMART Recovery is an abstinence-based, sensible self-help program for people having problems with drinking and using. It includes many ideas and techniques to help you change your life from one that is self-destructive and unhappy to one that is constructive and satisfying. No one will label you an "alcoholic", "addict", or "diseased" nor "powerless", and if you do not believe in a religion or spirituality, that's fine, too.      Fort Wayne 260-715-0012

**Sowers of Seeds (S.O.S.) Counseling**      [sowersofseedscounseling.org](http://sowersofseedscounseling.org)      765-465-4663      New Castle IN  
Provides outpatient programs for substance abuse, relapse prevention, thinking errors, anger management and parenting. Offers a state-certified Batterers Intervention Program. Sowers of Seeds Recovery Home is for women and is Recovery Works certified.

**SPA Women's Ministry Homes**      [spaministryhomes.org](http://spaministryhomes.org)      574-522-8338      Elkhart, IN  
We provide services to women 18 and older who are impacted by painful life experiences and destructive behaviors such as drug and alcohol addiction, domestic violence and sexual assault. While our women's experiences are unique, they share a common goal: to experience hope, healing, and a renewed sense of purpose. We offer a 12-month, 24/7 supervised, Christ-centered, residential treatment program based on God's Word.

**Step House**      [13stephouse.org](http://13stephouse.org)      260-424-2341      Fort Wayne IN  
Provide a safe and secure living environment to allow alcoholics and addicts an opportunity to recovery physically, mentally and spiritually. Rigorous work based on AA's 12-step program.

**Sycamore Springs**      [sycamorespringshealth.com](http://sycamorespringshealth.com)      765-340-2687      Lafayette IN  
Inpatient and outpatient treatment for mental, behavioral and substance abuse issues, including detox. Offers dual diagnosis treatment, outpatient mental health programs for children & teens and Help for Heroes designed to serve mental health and substance abuse needs of active duty and retired military personnel, veterans, first responders and other high-risk frontline professionals.

**Talitha Koum Women's Recovery**      [talithakoum-for.org](http://talithakoum-for.org)      317-318-1033      Greenfield IN  
Offers a recovery program for women 18 and older who desire to live free from addiction. Talitha is a home that will give women a safe, family-like environment to rebuild their lives and learn how to live sober. The home will offer, not only a safe, supportive, and sober living environment, but will teach and encourage self and social responsibility as well as life skills, self-care, family, employment, and recover programs.

**Tara Treatment Center**      [taratreatmentcenter.org](http://taratreatmentcenter.org)      800-397-9978      Franklin IN  
Holistic approach that addresses the mind, body and spirit. Most clients have little hope when entering the facility and need to develop a faith in something other than alcohol and/or drugs. The 12-step programs are spiritual in nature and help many to re-establish their faith. Tara offers detox, residential treatment, transitional residential, IOP, after care, education, family programming and outpatient therapy.

**Teen Challenge**      [teenchallengeusa.com](http://teenchallengeusa.com)      855-363-2334      Nationwide  
Adult & Teen Challenge USA works on a Christ-centered model of drug and alcohol recovery. This means that we are concerned with the body, mind, and spirit of those who come to our addiction recovery centers. We endeavor to help people become mentally sound, emotionally balanced, socially adjusted, physically well, and spiritually alive. There are 220 Adult & Teen Challenge USA residential programs throughout the US.

**The Addict's Mom and TAM Indiana**      find on Facebook (must request to join)      [addictsmom.com](http://addictsmom.com)  
These groups offer support for moms of those struggling with addiction.

**The Blessed Portion Ministries**      [theblessedportionministries.org](http://theblessedportionministries.org)  
We meet the spiritual and tangible needs of the homeless by being the hands and feet Christ to those in Fort Wayne Indiana. Each Friday we take a team of volunteers and a van full of tangible items, food, water and meet our friends on the streets.



**The Guest House** theguesthouseenc.org 765-388-2136 1407 Walnut St, New Castle IN  
A faith-based, nonprofit organization offering a variety of charitable outreach programs throughout east central Indiana, including emergency and transitional shelter for men, with a 6-month transitional rehab program. Faith-based 12 step groups and recovery coaching services are offered for both women and men.

**The Healing Place** thehealingplace.org 502-585-4848 Louisville KY  
Provides food, shelter, clothing, and recovery services to men and women seeking help for addiction to drugs and/or alcohol. Detox and our long-term residential recovery program are offered at no cost to the client. The Healing Place has grown into one of the most effective long-term social model recovery programs in the nation. Offers detox, long-term residential, IOP, peer support, case management, individual counseling, sober housing and transitional care.

**The Hope House** richmondhopehouse.com 765-935-0519 Richmond IN  
Residential recovery program for adult men facing their personal addictions for 4-6 months. Other services include homeless shelter, residential recovery program (for 18+ years old) mentoring program, halfway house, and alumni service. They use a faith-based counseling plan to heal their clients spiritually as well as physically. Utilizes a 12-step program.

**The Lighthouse** biblicalliferecoverycenter.com 260-255-6413 Fort Wayne IN  
The Lighthouse exists to serve men who struggle with life-altering addiction by providing structure, education, support and mentorship. We strive to be a bridge in the healing process between these men and their families. The Lighthouse Community Center offers support groups, mentorship, a food bank, chapel services and more.

**The Lutheran Foundation** thelutheranfoundation.org 260-458-2112 Fort Wayne IN  
Supports Lutheran and community organizations to advance Gospel sharing and promote mental wellness that silences the stigma of mental illness. Through awards, grants, education and resources, we are contributing toward renewed hope and healing.

**The Mom of an Addict** themomofanaddict.org 260-209-4686 Northern IN & beyond  
The Mom of an Addict, Inc. offers education and support to families and friends who have been affected by a loved one's substance use. In-person and online meetings offered. Find locations/times on the Support Groups tab of the website, and use the meeting locator.

**The Remnant Ministries** theremnantministries.org 260-388-6020 Northeast IN  
Faith-based organization focused on helping women find freedom from addiction. We provide a safe environment where women can find healing and freedom through our 12-18-month program. We provide a variety of services for the women to equip them with all they will need to live a life of freedom.

**The Rescue Mission** fwrm.org 260-426-7357 Fort Wayne IN  
To provide, through the power of Jesus Christ, a home for the homeless, food for the hungry, and hope for the future. Services include immediate housing, meals 365 days a year for the community, short & long-term residential ministry for men through Restoration House, short & long-term residential ministry for women and children through Charis House and a thrift store called Treasure House where proceeds fund The Rescue Mission.

**The Rose Home** therosehome.org 260-424-1600 Fort Wayne IN  
Transitional living home for women ages 18+ requiring to be relieved of the grips of addiction from alcohol and/or drugs in a Christian atmosphere. We offer a 6-month introduction to a life clean and sober of mind- and mood-altering substances. Offer skills in cooking, housekeeping, parenting, as well as becoming responsible employees.

**The Upper Room Recovery Community** upperroomrecovery.org Men 574-229-2032 South Bend IN  
Women 574-400-3519  
Provides safe and stable transitional housing to adults in recovery from addiction to drugs and alcohol and to assist them in moving toward a productive and independent life.

**Tobacco Free Allen County**                      tobaccofree02.org                      260-760-7555                      Fort Wayne IN  
A coalition of organizations and individuals joining forces to end the tobacco-use epidemic and its devastation in Allen County, Indiana. For help quitting call 1-800-QUIT-NOW

**Transformations Center for Healing**                      317-219-6673                      Noblesville, IN  
Offers a unique, strategically-designed program for women to address the symptoms and root causes of addiction. Offers a safe, highly structured home environment to connect with others, heal the body and shift the mind.

**Valley Healthcare System**                      valleyhealthcare.org                      304-296-1731                      Morgantown WV  
Promotes positive mental health, recovery and a superior quality of life using a holistic approach. Services include crisis intervention and stabilization, crisis residential unit, detox, residential treatment for men and women, outpatient treatment, MAT and peer recovery support services.

**Valley Oaks Health**                      valleyoaks.org                      800-859-5553                      Lafayette IN and surrounding areas  
Outpatient mental health and substance abuse services for adults, adolescents and children. Programs range from emergency crisis intervention, chronic mental illness care, MAT, IOP and ongoing treatment to wraparound and employment services.

**Valle Vista**                      vallevistahospital.com                      800-447-1348                      Greenwood IN  
Behavioral health and addiction care for teens and adults with acute psychiatric care for adults and adolescents, addiction care for adults, residential treatment for adolescent females, MAT, outpatient programming for mental health and substance use for adults and teens.

**Vertava Health**                      vertavahealth.com                      888-601-8693                      Sherrodsville OH  
Patients with substance use disorders find support with various treatment programs, including detox, residential treatment, PHP, IOP, outpatient programs, treatment programs for pregnant women and telehealth services.

**Waypoint**                      waypointwabash.com                      260-571-9628                      Wabash IN  
Transitional living house for women recovering from substance use disorder. Waypoint will provide women a safe, structured and stable environment to continue their recovery while rebuilding their lives. If accepted, it is expected that women will stay in the house a minimum of 6 months and up to 12-18 months.

**Wellstone Regional Hospital**                      wellstonehospital.com                      812-284-8000                      Jeffersonville IN  
Offers detox, inpatient and IOP for adults; inpatient, PHP and IOP for adolescents; and inpatient and IOP for children ages 4 to 12.

**West Virginia Sober Living**                      westvirginiasoberliving.com                      304-413-4301                      Morgantown, Charleston WV  
Provides a safe and caring environment for residents to embrace a sober lifestyle and form healthy relationships in the region's active recovery community. Our residents are expected to remain drug and alcohol-free, actively participate in a 12-step recovery program, and either work, volunteer or enroll in school full-time. We offer numerous recreational activities such as softball, monthly outings to amusement parks, and paintball fields, as well as weekly recovery meetings for alumni. WVPeers offers peer support services including harm reduction. WVSLWorks is a non-profit construction company that employs individuals in a supportive environment offering a substance free workplace and teaches skills related to a trade.

**Westwood Behavioral Health Center**                      westwoodbehavioral.org                      800-567-4673                      Northwest OH  
Counseling, psychiatric services, crisis intervention, and IOP.

**Wheeler Mission**                      wheelermission.org                      317-635-3575                      Indianapolis & Bloomington IN  
Homeless services, residential programs and addiction recovery for men and women. Ministry also includes Wheeler Mission Store, Restored Creations and Wheeler Missions Pallets & Industry.

**Willow Center for Healing** willowcenterforhealing.com 260-452-5336 Fort Wayne IN

Our mission is to honor your story, foster empowerment and cultivate healing through trauma-focused care. Our approaches to counseling include: Eye Movement Desensitization Reprocessing (EMDR), Safe and Sound Protocol (SSP), Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Mindfulness, Thera-play, Solution-Focused Therapy, Emotionally Focused Therapy, Trauma Focused CBT, System Focused Therapy, and Low Energy Neurofeedback.

**Wise Path Recovery Centers** wisepathrecoverycenters.com 886-860-9772 IN and WV

Wise Path Recovery Centers™, managed by Ascension Recovery Services, provides innovative substance use disorder services through the development of accessible treatment centers to those in need. We use an individualized, person-centered approach while engaging with collaborative community partners to ensure the full continuum of care. Our goal is to eliminate gaps in treatment and assist people to engage in a healthy, purposeful, and fulfilling life.

**Women in Transition** witangola.org 260.624.3178 Angola IN

Our goal is to help women return to the community as active, contributing members free from their addiction. Women in Transition offers evidence-based programs designed specifically to help each woman become free from addiction and develop a new design of living. We are INARR Certified and accept Recovery Works.

**Wooded Glen Recovery Center** woodedglen.com 888-351-0650 Henryville IN

Offers evidence-based treatments for individuals struggling with drug addiction, alcohol addiction or co-occurring mental health disorders. Provides detox, residential treatment and continuing care. Treats co-occurring disorders/dual diagnosis. Tactical Recovery program is specialized for veterans.

**WVU Medicine Center for Hope and Healing** rni.wvumedicine.org/hope/ 304-974-HOPE Morgantown WV

Supports adults struggling with substance use disorders through medically managed withdrawal stabilization and residential treatment. Services offered include detox, residential treatment for men and women, MAT and specialized programming for recent overdose survivors and pregnant women.

**YWCA Central Indiana** ywcentralindiana.org 765-284-3345 Muncie IN

COTS Stay Program provides safe sleeping option, shower, hygiene products, non-perishable food items and clean clothing. YWCA Emergency Shelter for women and children is a 45-day program with wrap around services. Second Stage Housing is long-term housing for women and children who need additional assistance. Permanent Housing support and advocacy.

**YWCA Northeast Indiana** ywcanein.com 260-424-4908 Fort Wayne IN

Addiction recovery services with residential treatment and support for women, clinical mental health counseling for survivors of intimate partner violence, sexual assault, human trafficking, dating violence, stalking and other violent crimes. Domestic violence services with a safe shelter and a 24-hr crisis line. Sexual assault services with a 24-hr sexual assault crisis line. Crisis Line 800-441-4073

**YWCA Women's Journey to Recovery** ywcanin.org 574-233-9491 South Bend IN

Individual and group substance use counseling, residential treatment, residential services for children of women in treatment, case management, childcare during programming and aftercare support groups. 24-hour crisis line for domestic violence 866-YES-YWCA.